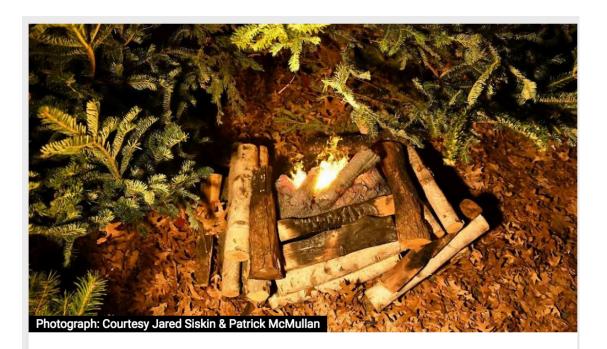
LEILA HELLER GALLERY.

Valente, Danielle "Stargaze at this stunning indoor forest right here in Manhattan" Time Out New York Kids (March 27 2018)



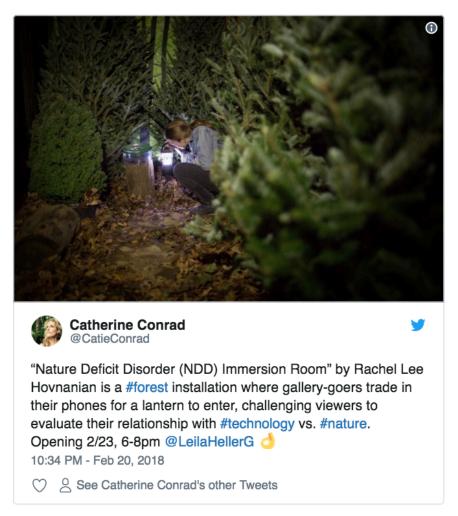
Stargaze at this stunning indoor forest right here in Manhattan



Trade in crowded streets and skyscrapers for the great outdoors with a visit to Rachel Lee Hovnanian's latest art exhibit in Chelsea. Right in the heart of Manhattan, you'll be whisked away into the woods thanks to "The Women's Trilogy Project's" first part, "NDD Immersion Room" (Nature Deficit Disorder). Even better? You'll be forced to enter the installation at Leila Heller Gallery sans phone. Hallelujah! Those emails and messages will have to wait (it's not like you'd have service in the woods anyway).

The cute indoor forest, complete with a campfire and creepy crawlers, will make you reminisce about those days spent at sleep-away camp roasting marshmallows and getting in tune with your natural surroundings, without a smartphone glued to your hand. A trip to this exhibit might be brief, but any outdoor respite is one well spent. Even if it's a recreation of the woods, you'll trick yourself into believing that the stars lighting the way as you enter the room are real. Don't stress about not being able to document your visit on Instagram—you'll be happy to have a little time to unwind without your gadgets.

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To take a break from the hustle and bustle of NYC, make sure you visit the exhibit before it closes on Apr 11.